

A Special Message to Members in Recovery

For many people dealing with addiction, recovery group meetings are an integral part of maintaining sobriety. In these times of social distancing and reduced numbers of people being allowed to assemble in groups a great number of people in recovery may find it increasingly difficult or impossible to attend the regular meetings they are accustomed to. There are several meetings available online. We encourage our members to explore them and hope they will find one they are comfortable with.

<https://www.aaonlinemeeting.net/>

<http://www.aaintergroup.org/>

We have been in contact with the M.E.N.D. program and they assure us the program is still operating albeit on a remote basis at this time. Any member with a drug, alcohol, or mental health issue is invited to visit the website for options.

<https://nyccbf.com/news-media/mend-program-and-wellness/>

Troubling and uncertain times can be especially difficult for anyone dealing with mental health issues, addiction, and/or recovery. If you know of any family or friends you feel may be struggling with the current situation please reach out to them. The smallest gestures can sometimes be the difference in a person's life.